



IHCA EXECUTIVE HEALTH CARE LEADERSHIP INSTITUTE

ABOUT

Unlock the core of resilient, mission-driven leadership through a powerful year-long experience rooted in self-discovery, purpose and practical application. Designed to challenge, inspire and equip current and emerging senior care leaders, students will learn to build cohesive teams, drive strategic outcomes and model lasting influence across their organizations.

SPEAKERS



JERALD
Cosey



KIMBER
Larson



2025 | **36.0**
2026 | **CEUs**

PROGRAM ENHANCEMENTS

As part of their leadership journey, participants will also receive:

- Certification of completion through the Five STAR Leadership Academy.
- A personalized Five STAR Leadership Academy workbook to serve as a leadership reference guide.
- A complimentary signed copy of *Becoming a Five S.T.A.R. Leader* by Jerald Cosey.
- Access to completed courses from their program year via the J.Cosey Speaks training library.
- One complimentary individual leadership coaching session during the program year, with an option for a discounted follow-up session after graduation.

PRESENTED
BY:






**BRIGHTON
CONSULTING
GROUP**



Ready to take the next step in your leadership journey?
Scan here to learn more.

2025-2026 SCHEDULE

-  In-person event
-  QI Workshop
-  General Webinar

AUG. 27-28, 2025

Mission-Centered Leadership BCG Education Center at IHCA

Launches the cohort with powerful training in Mission, Vision and Values, integrated with the “Preserve the Core/Stimulate Progress” framework.

SEPT. 11, 2025

General Webinar - Time to Lead: Prioritizing What Matters | Virtual

Helps leaders escape firefighting and reclaim focus on strategic leadership priorities.

OCT. 1, 2025

QI Workshop | Virtual

OCT. 15, 2025

Webinar - Teachable Point of View (TPOV): Part 1 | Virtual

Begins the TPOV process by guiding leaders to uncover their lived leadership philosophy.



NOV. 19, 2025

Webinar - Teachable Point of View: Part 2 | Virtual

Refines and prepares leaders to share their TPOV, with peer support and coaching built in.



JAN. 7, 2026

QI Workshop | Virtual

JAN. 14, 2026

General Webinar - Leading with Purpose: The Three C's Framework | Virtual

Confront. Compete. Conquer. A leadership reset designed to empower leaders facing change or growth.

FEBRUARY 2026

Day on the Hill (Date TBD)

 IHCA,
Iowa State Capitol

FEB. 18, 2026

Webinar - Leading with Logic and Vision | Virtual

Reinforces strategic thinking, vision alignment and confident communication as a leadership tool.

MARCH 11, 2026

QI Workshop | Virtual

APRIL 15, 2026

QI Workshop | Virtual

JUNE 10, 2026

Finale Workshop - Model the Behavior, Magnify the Impact

 BCG Education Center at
IHCA

A full-circle leadership experience centered on reflection, influence and legacy-building. Wraps the program with intentional peer learning and mission renewal.

JUNE 11, 2026

Graduation and Final Presentation

 BCG Education Center at
IHCA



Dates are subject to change. Registration for general webinars will be open to all members. For the most up to date schedule, visit iowahealthcare.org.